**NAPPY CHANGING POLICY**

NMS Standard 10

LittleCwtch Childminding setting aims to ensure that a child is not refused a place at the setting if he/she still uses nappies, but to work with the parent/carer/guardian to train the child to use the toilet and promote independence. Nappy changing takes place in accordance with the child’s individual needs.

I will ensure that nappy changing facilities are provided which meet environmental health standards and promotes privacy and independence. These will also be in line with Child Protection/Safeguarding Policy.

LittleCwtch Childminding setting will follow the infection prevention control guidance detailed in the link below:

https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/guidance/accordians/docs/infection-prevention-and-control-guidance-2019-for-childcare-settings-0-5-years-in-wales-nurseries-childminding-and-playgroups/

The parent is to provide their child’s own nappies and wipes. If any nappy cream is needed this is also to be provided by the parent. I will have sudacream available if the parent forgets and the parent will be asked whether or not I am permitted to use this cream on their child if I feel it is necessary.

I will be using a changing mat on the floor to change any child’s nappy. I will also be wearing gloves and apron which will be disposed of after each individual use. The mat will be sprayed before and after with disinfectant spray and blue paper towel will also be laid between the mat and the child’s skin for extra protection. The blue paper towel will be disposed of after each individual use. By promoting and keeping toilets, equipment and designated nappy changing areas clean and hygienic I am taking steps to prevent the spread of infection. I understand the importance of upkeeping and following a strict cleaning schedule when running my setting.

Around the child’s second birthday is when a child can show signs of being ready to start potty training. This can also be later or even sooner than 2 years. If you child’s starts to show signs of their bodily function I will approach the parent/carer to discuss potty training during their time at LittleCwtch Childminding setting.

Potty training will be governed by the parent as it is important to follow a similar routine to what is being taught and established during the child’s time at home. A suitable time to start potty training will be discussed and depending on how the process goes this date and structure can be altered depending on the child’s needs and comforts.

Some children can quickly take to potty/toilet training overnight and for some it can take longer. It is important to remember that every child is an individual, support and reassurance is needed during this period. I will work with parents to create a reward scheme of when the child uses the potty.

I can provide a potty for your child, I can also provide a toilet training seat. If you feel your child will benefit more from their own potty I am happy to use one you provide. All potties used will be disinfected after every use. I also ask that you provide an adequate amount of spare clothing in the event of your child having an accident. I will log each use of the potty or toilet in your child’s daily diary along with any accidents they may have. If you have any concerns about my Nappy Changing/ Toilet Training Policy and Procedure please do not hesitate to contact me.

All children will be encouraged and taught regarding good personal hygiene to ensure the safety or other children and myself. This is done by the teaching of how to wash their hands. I will be singing and teaching the children a hand wash song and can also provide laminated cards to show the process of hand washing and the correct technique.

My child protection policy will be followed if I have any concerns regarding safeguarding. The doors will remain open however all mobile phones, cctv, cameras etc will not be present.

Whilst I am changing a child’s nappy I will place the other children in a secure play pen just for short time. Whilst a nappy change/potty time is being completed I will be singing nursery rhythms to distrct the children from becoming unsettled and to encourage the experience to be positive.

**The Rights of the Child**

Ensuring that the setting supports children with their physical needs is an essential part of respecting the Rights of the Child as stated in the United Nations Convention on the Rights of the Child, specifically:

Article 2: The Convention applies to everyone whatever their race, religion, abilities, whatever they think or say and whatever type of family they come from.

Article 12: Children have the right to say what they think should happen, when adults are making decisions that affect them, and to have their opinions taken into account.

Article 16: Children have a right to privacy. The law should protect them from attacks against their way of life, their good name, their families and their homes.

Article 27: Children have a right to a standard of living that is good enough to meet their physical and mental needs.

**Code of Practice**

If a child attending the Setting continues to be in a nappy, the Settingwill:

* change the child’s nappy at any times when the child has a wet or soiled nappy.
* ensure that the nappy changing activity is a quiet, relaxing, and positive experience for the child.
* ensure that I will always care for the child in a warm and respectful manner and specifically, in the context of this policy, during nappy changing activity.
* ensure there is appropriate hygiene materials available for the nappy changing activity.

**Procedure**

* Collect all necessary materials before commencing the nappy changing.
* Place mat on the floor, spray changing mat as also apply blue paper.
* Wear an apron before commencing the nappy changing.
* Wear fresh gloves when changing the nappy of each individual child. Hands will be washed for 20 seconds with soap and water before putting on the gloves and removal of gloves.
* During nappy changing, I will never leave the child on its own on the changing mat.
* Place the wet/dirty nappy in a plastic bag, and then in the appropriate bin \*\*
* Place the cleaning materials and dirty gloves in a plastic bag, and then in the appropriate bin.
* Clean down the changing mat area thoroughly.
* The baby/child will be encouraged to wash their hands before returning to the play area.
* Return the child to the room.
* Return to the nappy changing station to clean the area thoroughly with water and appropriate disinfectant/anti-bacterial solutions and dry the station with paper towels.
* Wash hands for 20 seconds immediately following the cleaning process.
* Store all materials and leave the station tidy and clean.
* Record the nappy change in the babies/child’s daily dairy along with whether the nappy was wet or dirty.

**Covid update**

Wherever possible, we ask that parents provide a week’s supply of nappies, wipes, creams etc. These will then be stored in an individual box for each child.

\*\* If it is possible to dispose nappies in the usual bin (this should be verified with the County Council) gloves should be worn to dispose the nappy in the bin. The gloves should be removed and disposed in an appropriate bin and hands should be thoroughly washed.

This Nappy Changing Policy policy for LittleCwtch Childminding was passed for use on:

By: Position:

Date of planned review: